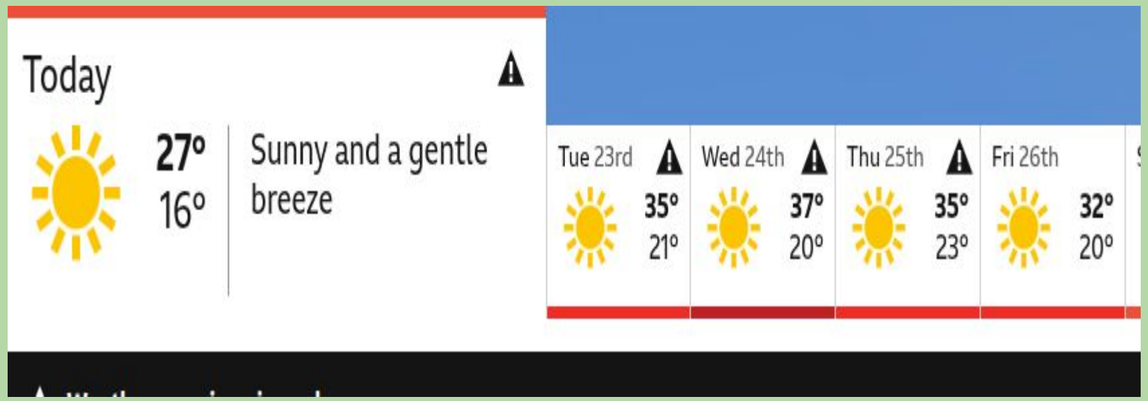
Sheringham News

Hot off the Press!

Issue 2

Summer 2026



As this issue reaches you, it's very hot in Manor Park!

Here are some top tips to stay cool, from the Sheringham Press team:

- Wear loose clothes to stay cool
- Use sun cream to protect your skin from burning
- Wear a hat to protect your head (and sunglasses to protect your eyes!)
- Stay hydrated - everyone needs a water bottle!
- Stay inside and do calm activities when it is really hot- avoid running!
- Try to remain calm - we can feel more irritable when it is hot!

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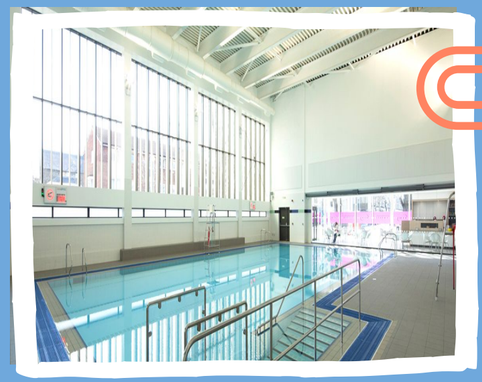
Year 3 Make a Splash!

In April of this term, Year 3 went to Atherton Leisure Centre to learn how to swim. This is a really important life skill, so that children know how to help themselves if they fall into water or visit the beach for example. It's also a really fun thing to do and great exercise!



They travelled by a bus and had a swimming lesson for one hour each day for two whole weeks!

The purpose of this so when they're older they can have the skills to know how to swim. The children learned how to go under water, how to float in a star formation and how to use a noodle in preparation for swimming real strokes. Once they were ready, they started to learn how to do front crawl and breaststroke. Some children were able to progress to the adults pool, even jumping in at the deep end!

Year 3 pupils told us that they liked being able to jump into the pool. Samia in 3B said, "I liked when we went to the deep pool and we liked to swim under water because it was very fun!"

Next time they go swimming, hopefully when they're in Year 5, they can improve and learn more skills and they can have better understanding of how to stay safe in the water.

We hope this has inspired you to check out your local pool!

Written by Humaira and Ayah

Spotlight on: Science Learning at SPS

We learn about important scientists from the past and present. It's important to find out about the people who made discoveries, .created inventions and did experiments that have helped shape the world we live in!

Science is a really important and also fun subject, where we do lots of interesting experiments such as mixing liquids and making things explode!

The science leader at Sheringham is Ms Panks. She thinks science is a very interesting subject. She told us, "Science is important because it helps us understand how the world works. Thanks to science, we have medicines to help people get better, technology like computers and phones, and ways to protect animals and the planet. Science also teaches kids to be curious, creative, and good problem-solvers every day."

Last term, Year 5 went to the science museum and the science fair. They had a wonderful time. Children still remember the things they saw at the science fair:

"I LOVED it!" Maire
"I really liked the slide it was about friction!" Raziya
"I liked the air vent that blows air so you can fly paper planes" Harun.
"It was really fun. I like the way there were a bunch of activities" Azeez

The Year 6 pupils have also recently attended a science workshop at Little Ilford Secondary School and were able to learn all about the heart - they were even able to be real scientists and dissect a lamb's heart."I like how the lamb's heart was just like a human's heart."said Shafa. "I hated how the lamb's blood smells really bad but it was fun to do surgery."

Science is a loved subject where you discover things when you learn and science is amazing. If you ever want to be a scientist, biologist or chemist or doctor then you have to be work hard in science.

Science is brilliant and now we hope you should love it as much as we do!

Written by: Minahil

So you think you know the staff at Sheringham?

Did you ever want to find out more about the people who work at Sheringham Primary School?
Well here is your chance! Every half term, we will be interviewing different members of staff and asking them funny, interesting and sometimes totally random questions!

Q: What is your favourite event Sheringham has ever done?
A: Music week is my favourite thing to do and it made my heart happy that the whole school did music all week.

Q: What is your favourite country?
A: Brazil, because the weather is so good! It's really hot and there is great dancing.

Q: Who is your favourite family member?
A:My brother because he looks after me and is fun to hang out with.

Q: What is your favourite colour?
A: Red is my favourite colour because in Chinese tradition it is considered lucky.

Q:What is your favourite chocolate brand?
A: I love Green and Black dark chocolate, it's delicious!

Ms Lu

Ms Lu has worked at Sheringham for almost 15 years! She has been a Year 3 teacher, a Year 5 teacher and a Reception teacher. She is now our SENCo, which means she supports children with special educational needs and she also runs an amazing singing assembly for all pupils once a week. She has recently taught us Golden and helps us to sing in time and in tune.

Interview by Mahum and Uthman

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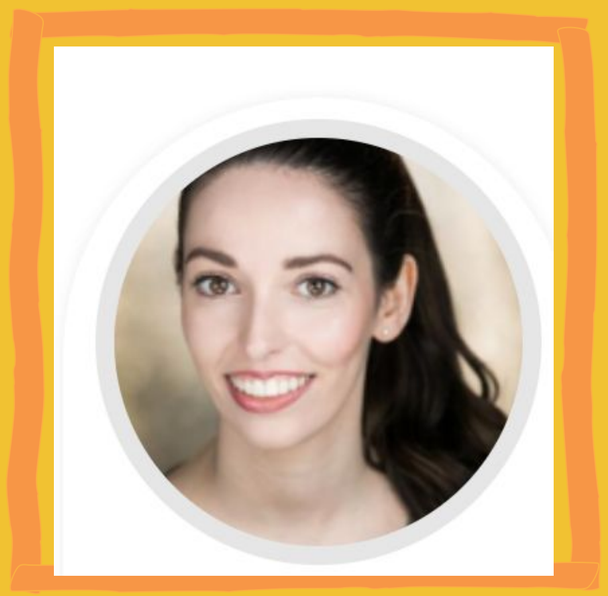


Ms Liz

Ms.Liz is Sheringham's drama teacher. She has performed in many plays and helps out in the Year 6 production and the Shakespeare Festival

Q1:What is your favourite Shakespeare performance

A:Macbeth

Q2 If there was a zombie apocalypse, what would you take?

A: A walkie talkie (you can communicate and it won't need charging

Q3:Do you have a hidden talent?

A: Yes, hoola hooping and also I am very organised

Q4:why did you become a drama teacher?

A:because I like inspiring others to be more confident

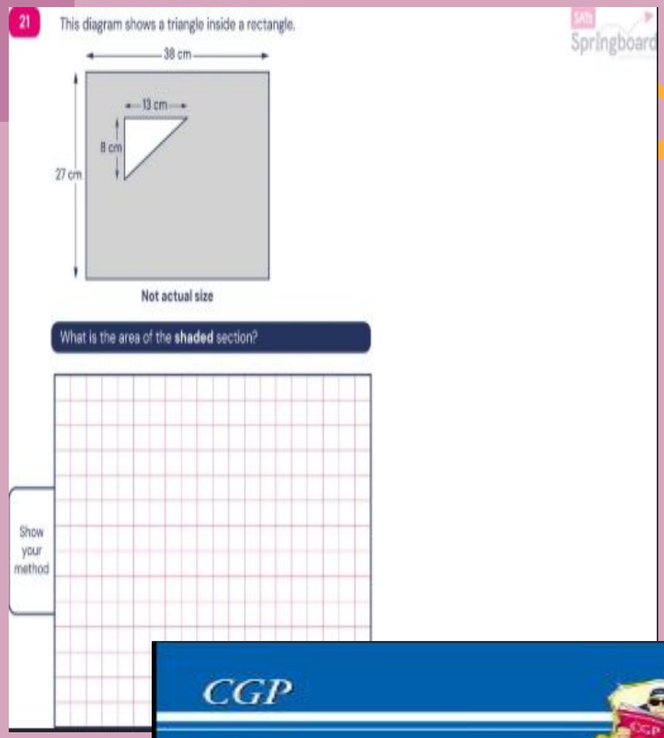
Interview by Marwa and Shafa

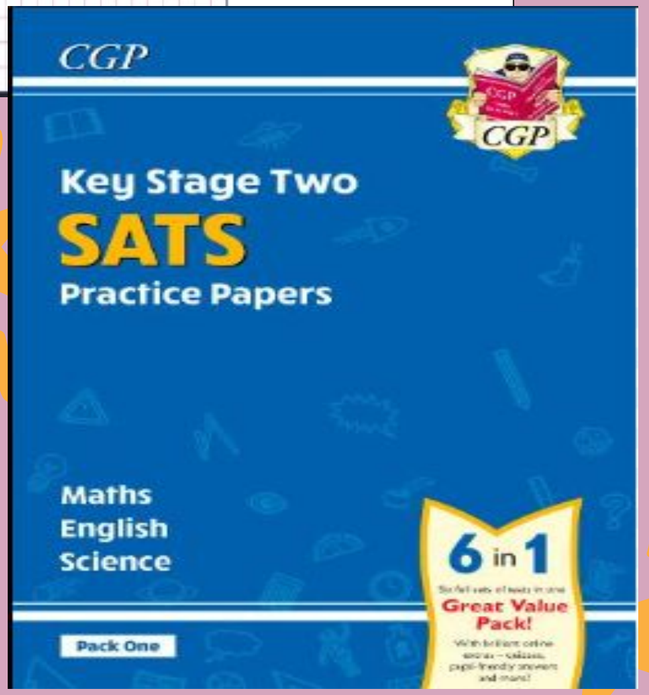
SATs at Sheringham

On Monday 11th May, Year 6 pupils took their SATs tests alongside thousands of pupils around the country. The government assesses all Year 6 pupils, asking them to take these tests each May, so that they can see what pupils have learnt during primary school.

The whole year group has worked super hard to prepare for these tests, including working hard in lessons, practising past papers, attending Easter School, after school tuition and revising at home using revision books and BBC Bitesize.

The tests themselves are taken in small groups with adults available to make sure everyone takes the tests properly and gets help they need, within the rules. To celebrate the SATs finishing, the pupils went to Valentines Park to enjoy pizza, ice creams and time to play games - it was great fun! The results come in at the start of July, but everyone knows the Year 6 pupils tried their best and that's the most important thing.





Written by Minsa, Kanshika and Swara

Sheringham Takes to the Stage!

The Shakespeare Schools Festival is a nationwide event where primary and secondary school pupils perform a play at a theatre. The Shakespeare School Festival is managed by a company called Corum and helps children all over the country to understand the Shakespeare world and his plays.

This year SPS took on the fantastic, dark tragedy: Romeo and Juliet!

On Wednesday 22nd of April, the Sheringham Shakespeare company went to perform at The Source, a theatre in Stratford. The theatre was packed and lots of families and even many of our school staff went to go and support!

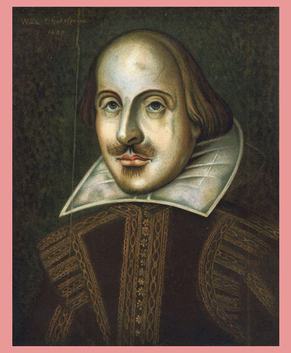
“Even though I was scared, and nervous I tried my best and I was successful!” Year 5 pupil

“It was so nice and the dancing was top notch and very good!” Year 6 teacher.

The performance was fantastic – the cast had practised hard and so knew their lines and actions. Highlights included the fight scene and a terrifically choreographed dance. The whole audience gasped when Mercuito was killed, showing just how engrossed in the performance they were!

A special shout out must go to Ms Liz, Ms Hood and Mr Jolie for all their work as teacher-directors – it wouldn’t have been possible without them!

SHAKESPEARE SCHOOLS FESTIVAL



Romeo and Juliet - A Summary

Two wealthy families, the Montagues and the Capulets, have another brawl in the city of Verona. The Prince and the townspeople cannot cope with the constant fighting so the Prince declares that the next person to break the peace will be killed.

Romeo Montague and his friends gatecrash a Capulet party and Romeo meets Juliet Capulet. He falls in love with her instantly. They are shocked to discover they are sworn enemies due to their feuding families. Friar Lawrence marries Romeo and Juliet.

Romeo goes to celebrate his marriage with his friends, Mercutio and Benvolio, but gets into a fight with Juliet's cousin, Tybalt. Tybalt kills Mercutio and Romeo avenges his death by killing Tybalt.

The Prince banishes Romeo because he killed Tybalt. Both Romeo and Juliet are heartbroken.

Capulet, Juliet's father, decides she should marry Paris. Juliet refuses and goes to Friar Laurence where they come up with a plan for Romeo and Juliet to be together.

Juliet fakes her death and lies in a tomb waiting for Romeo to come so they can run away together. Romeo doesn't receive the message about the plan, so thinks Juliet has actually died. He goes to Verona and sees Juliet in her tomb, 'dead'.

Romeo drinks poison so he can be with Juliet in death. She wakes up to discover Romeo is dead. Juliet kills herself with his dagger.

The Capulet and Montague families vow never to argue again.

By Kanshika & Minsa

New Plants Arrive at Sheringham

You may have noticed that Sheringham Playground has become a bit more green and nature friendly!

We were able to install four new planters because we applied for charity funding from the Royal Horticultural Society, who have given money to thousands of schools to improve the biodiversity in playgrounds across the country.

More than 7,500 schools, colleges and nurseries have got involved!

We applied for some funding from the Royal Horticultural Society, which wants all school playgrounds to be better for the environment. We used the funding to buy 4 trees and the flowers including some called geraniums, heucheras and rudbeckias.

We asked a range of people for their opinions on the new planting:

"I think that it looks nice!" Rumaisa 3A

"I think that the plants look amazing and gives more colour and shade," Mr Jolie

"I think the plants are beautiful and great for the environment." Ms Muna (Lunchtime supervisor)

We hope that everyone enjoys the new planters! You can sit on the benches around the edge to relax and chat at playtime, look at the flowers and hunt for insects!

Written by : Aicha & Khadija

The Fun Zone

Created by Aisha & Aleena

Joke corner

How do you read a book about plants?

You leaf through it!

Why did the gum cross the road?

Because it was stuck to the chicken!

How do you make a witch itch?

take out the letter “w” !

Spot the difference

PUZZLE TIME

Spot 10 differences

Can you spot all 10 of the differences?

Can you solve the anagrams?

Use the letters the word to make other words!

listen =

earth = Heart

gentleman =

schoolmaster =

debit card =

dusty =

Example listen = silent

Answers:

Silent, Heart, Elegant man, The classroom, Bad credit, Study

Riddle

How do you spell cow in 13 letters ?

see - o - doubleyou